

# Food and cooking

## 1 FOOD

a Match the words and photos.

### Fish and seafood

1 crab /kræb/

lobster /'lɒbstə/

mussels /'mʌsəlz/

prawns /praʊnz/

salmon /'sæmən/

squid /skwɪd/

tuna /'tʃuːnə/

### Meat

beef /biːf/

chicken /'tʃɪkɪn/

duck /dʌk/

lamb /læm/

pork /pɔːk/

### Fruit and vegetables

aubergine /'ʌbədʒɪn/

(AmE eggplant)

avocado /ə'veɪkədəv/

beetroot /'biːtrʊt/

cabbage /'kæbɪdʒ/

cherries /'tʃerɪz/

courgette /'kɔːrʒet/

(AmE zucchini)

cucumber /'kjuːkʌmbə/

grapes /græps/

green beans /grɪn 'biːnz/

lemon /'lemən/

mango /'mæŋɡəv/

melon /'melən/

peach /piːtʃ/

pear /peə/

raspberries /'ræzbəriz/

red pepper /red 'peɪpə/

b 1.2 Listen and check.

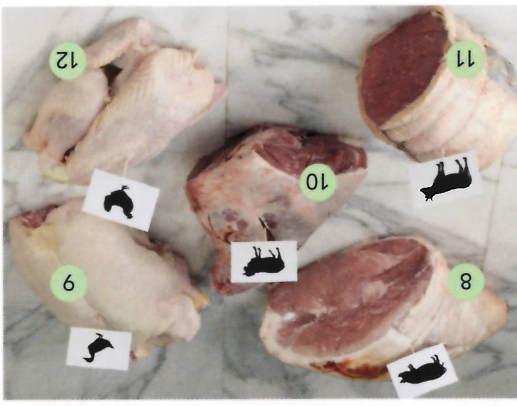
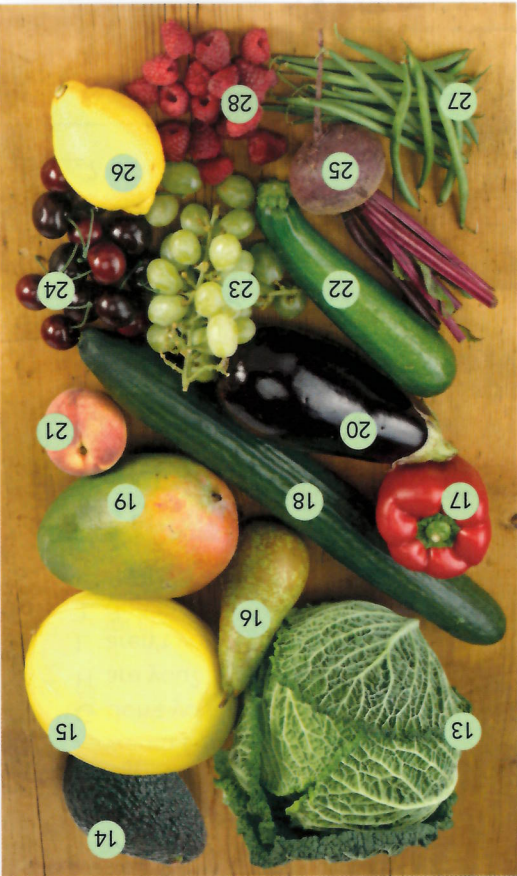
Are there any things in the list that you...?

Are there any other kinds of fish, meat, fruit, or vegetables that are very common in your country?

a love

b hate

c have never eaten



## 2 COOKING

a Match the words and photos.



1 baked /beɪkt/

boiled /bɔɪld/

fried /fraɪd/

grilled /grɪld/

roast /rəʊst/

steamed /stiːmd/

b 1.3 Listen and check.

ACTIVATION Talk to a partner. How do you prefer these things to be cooked?

chicken eggs fish potatoes

## 3 PHRASAL VERBS

a Complete the phrasal verbs with a word from the list.

down on out (x2)

1 I eat \_\_\_\_\_ a lot because I often don't have time to cook.

Luckily, there are lots of good restaurants near where I live.

2 I'm trying to \_\_\_\_\_ coffee at the moment.

I'm only having one cup at breakfast.

3 The doctor told me that I should \_\_\_\_\_ completely \_\_\_\_\_ all cheese and dairy products from my diet.

b 1.4 Listen and check.

p.6